



How To Get Started

1. Join/Login

To participate fully on Connect, you must [register](#) as an ASHP user or [login](#) with your ASHP member account. Please keep in mind that some functionality and content is restricted to ASHP members only and you must join ASHP to have full access.

2. Profile

[Update your profile](#) and add a profile picture to make network connections and be recognized among your peers.

3. Privacy Preferences

Change your [privacy preferences](#) to share or hide any part of your profile. The more you share, the more connections you will make.

4. Communities/Discussions

[Join your SSHP community](#) and [start a discussion](#). You can join as many open communities as you like.

5. Subscriptions/Notifications

Manage your discussion group [subscriptions](#) to get email notifications when YOU want them. You can choose between daily digest (recommended), real-time notifications, and no email notifications.

6. Blogs

[Read a blog](#) or [post one](#) of your own. Blogs are used to share your opinion about a topic of interest.

7. Contacts

[Find a contact](#) to connect with and add them to your own personal network – a great way to share with your friends or colleagues.

8. Events

Check out the interactive [event calendar](#) to view upcoming activities and meetings. or [add your own events](#) to get the recognition they deserve.

Video Tutorials

Listed below are brief "how to" videos to help you get started using and enjoying ASHP Connect. If the task you are trying to accomplish is not listed here, please [contact us](#) and let us know.



[Setting Up Your Profile](#) (2:12min) - This tutorial will describe the features on your profile and demonstrate how to customize your personal information, add a picture, and more.



[Discussion Groups](#) (1:42min) - This tutorial provides information on how to access discussion groups, create and forward a discussion, and manage your discussion subscriptions.



[Posting a Blog](#) (3:16min) - This tutorial will show you how to create and post a blog on ASHP Connect. It also covers publication options and content tagging.



[Joining and Creating a Community](#) (4:50min) - This tutorial walks you through all aspects of participating with ASHP communities, from joining to creating your own.