**Case #2 – Patient**

**Be the Patient and Follow Your Role:**

Today is July 1, 2015. You are Peter Bauer, (DOB 6/3/1956) a 59 year old Caucasian male who is being seen at this hospital for the first time. You were working in your garden today from approximately 2:30-3:00pm when you felt lightheaded. Your blood glucose check revealed a reading of 35. Consuming chocolate and apple juice raised your blood glucose to 65; however, a subsequent reading shortly thereafter revealed a reading of 40. Your second attempt to elevate your blood glucose (with juice and milk) only achieved a reading of 55, where it remained. Inability to further elevate blood glucose lead you to report to the Emergency Department with your spouse.

Your past medical history includes atrial fibrillation, diabetes mellitus (Type II), hyperglycemia, hypoglycemia, cardiomyopathy, hypertension, and hyperlipidemia. You have no known drug allergies.

You are a retired high school history teacher. Your wife has accompanied you to the Emergency Department, but you take care of your own medications. The rest of your family (your children/grandchildren) live a few hours away and stay in touch over the phone, but do not come to visit very often and are not involved in your healthcare.

You know your medications fairly well. You know why you take them and can remember a few details on how (but require prompting for some names). You are not able to recall the strengths of your medications.

The clinician entering the room does not have access to a pre-admission medication list.

**Role Play Regarding your Medications as Follows:**

* **If asked if you have a list of medications:**

**Explain that you do not keep a list** but you keep your morning medication bottles on the kitchen counter to be taken with breakfast and your bedtime medications on the nightstand by your bed. You take them as instructed by the label on the bottle.

* **If asked to list or describe how you are taking your medications (without any other prompts), you state:**

1. Coumadin and another medication for your heart
2. A couple of blood pressure medications (but one of them makes you pee a lot, so you don’t take that one all the time)
3. Simvastin (☺) for cholesterol

* **If asked if you have medication bottles present, or if for your pharmacy’s name or number:**

You do not have your bottles with you, but the pharmacy should be able to provide a list of what you take since you get all your prescriptions filled there. Your pharmacy is Wal-Mart on South Main Street in Spruce City and their phone number is (555)-697-1234.

* **If the Clinician contacts Wal-Mart and asks you questions regarding your prescriptions:**

Please see: **Case #2 Outpatient Pharmacy Records \*for Patient\*** for information regarding your pharmacy prescription fill records.

* **If asked a probing/clarifying question after the clinician contacts Wal-Mart:**

The pharmacy does not have record of filling any medications for you in the last 6 months. **If prompted, you remember that you actually now have prescriptions filled at Walgreens (not Wal-Mart) since they had that really good coupon for transferring prescriptions to them.** Chestnut Street, Spruce City.

* **If the Clinician contacts Walgreens and has questions regarding your prescriptions:**

Please see: **Case #2 \*Walgreens\* Pharmacy Information \*for Patient\*** for information regarding your pharmacy prescription fill records.

* **If asked about your PCP**

It’s Dr. Johnson on Main Street in Springfield. You don’t know the first name, address, or phone number – that’s all on the pill bottles, which are at home.

* **If asked about who manages your warfarin/coumadin**

Your PCP manages your coumadin dose

* **If asked a probing question regarding non-oral medications:**

Shots for your sugar, but your diabetes doctor recently told you to use less at each dose. **You have pre-filled syringes for your insulin, which is why you don’t know the doses.**

* **If asked a probing question regarding non-prescription medications:**

Baby Aspirin: 1 tablet every day. (You do not know that the strength is 81mg)

* **If asked a probing question about PRN medications (or to explain furosemide fill history):**

You take your water pill (1 tablet of furosemide) in the morning on days you notice bad swelling in your feet, but you don’t like the way it makes you use the bathroom all the time.

* **If asked about adherence:** Except for the furosemide, as above, you are compliant with your medications - you take all of your prescribed medications every day. You may forget a dose every once in a while, but rarely.
* If probed further regarding the following, you should deny any problems with cost, copay, insurance coverage, running out of medications, and deny thoughts of your medications not working.

\*\*\*\*\*\*\*\*\*\*\*\*\*

**Final correct list**, only after you have been asked multiple probing questions and re-clarifications:

**Do not share with Clinician**

* **Aspirin** 81mg EC tab- Take one tablet orally every day for heart
* **Digoxin** 0.25mg tab- Take one tablet orally daily for heart
* **Furosemide** 80mg tab- prescription says to take one tablet orally every morning for edema (but you only take this medication when the swelling is really bad because you don’t like to go to the bathroom all the time)
* **Insulin, aspart**, 100units/mL- Inject 7 units subcutaneously four times a day for blood sugars
* **Insulin, glargine**, 100units/mL- Inject 30 units subcutaneously twice a day for blood sugars
* **Losartan** 100mg tab- Take one tablet orally at bedtime for hypertension
* **Simvastatin** 40mg tab- Take 20 mg (one-half tablet) orally at bedtime for cholesterol
* **Warfarin** 2mg tab- Take 4 mg (two tablets) orally on Mon/Wed/Fri and take 2 mg (one tablet) daily all other days of the week for atrial fibrillation

\*\*\*\*\*\*\*\*\*\*\*\*\*

**Case #2 – \*Wal-Mart\* Pharmacy Records**

**\*\*\* For Patient \*\*\***

**The Clinician may contact the pharmacy to confirm your medications. When asked about each medication, you can confirm the information in italics. You don’t remember some names without prompting and you don’t remember any strengths.**

**You know you got your medications refilled last month after returning from your Memorial Day holiday trip.**

**Today is July 1, 2015**

* **Rx: Digoxin** 0.25mg tab- Take one tablet orally daily for heart
  + Last filled for 90 day supply on 1/15/15
  + *You can confirm you take this once daily in the morning*
* **Rx: Furosemide** 80mg tab- Take one tablet orally every morning for edema
  + Last filled for 90 day supply on 1/15/15
  + *You report not taking this medication EVERY day because you do not like having to go to the bathroom all the time. Instead you take the medication in the morning on days when your feet are particularly swollen. On average, 3 days a week.*
* **Rx: Insulin, aspart**, 100units/mL- Inject 10 units subcutaneously four times a day for blood sugars
  + Last filled for 28 day supply on 1/5/15
  + *You are not sure how many units you take because it’s a pre-filled syringe, but you know your doctor just recently decreased your dose*
* **Rx: Insulin, glargine**, 100units/mL- Inject 35 units subcutaneously twice a day for blood sugars
  + Last filled for 28 day supply on 1/5/15
  + *You are not sure how many units you take, because it’s a pre-filled syringe, but you know your doctor just recently decreased your dose*
* **Rx: Losartan** 100mg tab- Take one tablet orally at bedtime for hypertension
  + Last filled for 90 day supply on 1/15/15
  + *You can confirm taking one tablet at bedtime*
* **Rx: Simvastatin** 40mg tab- Take one-half tablet orally at bedtime for cholesterol
  + Last filled for 90 day supply on 1/15/15
  + *You can confirm taking one-half tablet at bedtime*
* **Rx: Warfarin** 2mg tab- Take two tablets orally on Mon/Wed/Fri and take one tablet daily all other days of the week for atrial fibrillation
  + Last filled for 90 day supply on 1/15/15
  + *You can confirm taking two tablets on MWF and one tablet all other days at bedtime*

**Case #2 – \*Walgreens\* Pharmacy Information**

**\*\*\* For Patient \*\*\***

**The Clinician may contact the pharmacy to confirm your medications. When asked about each medication, you can confirm the information in italics. You don’t remember some names without prompting and you don’t remember any strengths.**

**You know you got your medications refilled last month after returning from your Memorial Day holiday trip.**

**Today is July 1, 2015**

* **Rx: Digoxin** 0.25mg tab- Take one tablet orally daily for heart
  + Last filled for 90 day supply on 6/10/15
  + *You can confirm you take this once daily in the morning*
* **Rx: Furosemide** 80mg tab- Take one tablet orally every morning for edema
  + Last filled for 90 day supply on 6/10/15
  + *You report not taking this medication EVERY day because you do not like having to go to the bathroom all the time. Instead you take the medication in the morning on days when your feet are particularly swollen. On average, 3 days a week.*
* **Rx: Insulin, aspart**, 100units/mL- Inject 7 units subcutaneously four times a day for blood sugars
  + Last filled for 28 day supply on 6/12/15
  + *You are not sure how many units you take because it’s a pre-filled syringe, but you know your doctor just recently decreased your dose*
* **Rx: Insulin, glargine**, 100units/mL- Inject 30 units subcutaneously twice a day for blood sugars
  + Last filled for 28 day supply on 6/12/15
  + *You are not sure how many units you take because it’s a pre-filled syringe, but you know your doctor just recently decreased your dose*
* **Rx: Losartan** 100mg tab- Take one tablet orally at bedtime for hypertension
  + Last filled for 90 day supply on 6/10/15
  + *You can confirm taking one tablet at bedtime*
* **Rx: Simvastatin** 40mg tab- Take one-half tablet orally at bedtime for cholesterol
  + Last filled for 90 day supply on 6/10/15
  + *You can confirm taking one-half tablet at bedtime*
* **Rx: Warfarin** 2mg tab- Take two tablets orally on Mon/Wed/Fri and take one tablet daily all other days of the week for atrial fibrillation
  + Last filled for 90 day supply on 6/10/15
  + *You can confirm taking two tablets on MWF and one tablet all other days at bedtime*