**Case #6 – Patient**

* ***When the clinician asks for additional information (your medications or pill box), you can provide the corresponding documents from this packet upon request.***

**Be the Patient and Follow Your Role:**

Today is October 20, 2015. You are Patty Beaumont, a 59 year old obese Caucasian female. You are being admitted for complaints of chest pain, neck pain, and shortness of breath experienced while lying down during a lumbar MRI procedure. You have a past medical history of poorly controlled diabetes mellitus (Type II), anxiety, and hypertension. You also report occasional chest pain at home and periodic swelling in your legs/feet which decreases after elevating your legs. You have no known drug allergies.

You are unmarried and have no children. Both of your parents are deceased and your brother lives overseas. You are not a regular patient of this hospital (last seen here 5 years ago) but you were last hospitalized at a different hospital 3 months ago.

**Role Play Regarding your Medications as Follows:**

* **If asked if you have a list of medications:**

You don’t keep a medication list, but you know you take them as directed on the bottles. You take so many that pillboxes are the only way you can keep them straight. You know your doctors have you on meds for your anxiety, blood pressure, cholesterol, diabetes, and heartburn.

* If asked about the meds from the list 5 years ago, you would recognize that you no longer take digoxin, zocor (replaced with Crestor) and coumadin. You wouldn’t be sure about the losartan, but you don’t think you’re on that any more either. And the doses and timing of your insulin have changed since then (you couldn’t handle 4 shots a day, so now you’re only on 3). If asked why no longer on digoxin and coumadin, say you had an irregular heartbeat after surgery that went away and they didn’t think you needed them any more. You haven’t had that problem since.
* **If asked if you have medication bottles present:**

You did not bring any of your medication bottles with you. You explain that you take the meds out of the bottles and follow the prescription labels to fill your weekly boxes. Then, in the morning before leaving the house, you transfer that day’s meds to a daily AM/PM box that you keep with you.

* If they ask: You can offer the clinician to look at those pills (**Case #6 - Contents of Patient’s Pill Box** from your packet) - the insulin will not be there because you keep it in a kit in your car when you are out of the house
* **If asked to list or describe how you are taking your medications (without any other prompts), you would say the following** (you can refer to your list of meds described below if/when asked for medication names). At this point before probing, only think to mention your 3 prescriptions**:**
  + Diabetes - you take 3 meds (you are counting insulin, glipizide, and a new one… even though there are 2 types of insulin)
    - If they ask: You know you inject 20 units of insulin before breakfast and supper and 45 units before bedtime
    - If they ask: You know you take one type of insulin at mealtimes and Lantus before bedtime
  + Blood pressure - you take 2 meds
  + Anxiety - you take Prozac and a medication that helps you sleep sometimes
  + Cholesterol- you take Crestor
  + Heartburn- you take Prilosec

You can confirm the names of the meds if you hear them and are able to match them to their indication, but don’t know the strength of your medications without prompting.

* **If asked a probing question regarding OTC medications, you remember to mention this:**
* Tylenol Arthritis- 1 capsule by mouth 4 times a day as needed for pain (but you find yourself needing it more and more for your joint pain; you took this 4 times daily almost every day last week)
* **If asked a probing question about PRN medications:**

You remember to mention you take the following, but only as needed:

* + Tylenol Arthritis- 1 capsule by mouth 4 times a day as needed for pain (but you find yourself needing it more and more for your joint pain)
    - You took this 4 times daily almost every day last week
* **If asked a probing question about NON oral medications or inhalers:**

You know you inject 20 units of insulin before breakfast and supper and 45 units before bedtime

* If they ask: You know you take one type of insulin at mealtimes and Lantus before bedtime
* If asked whether you take the 20 units at any time other than breakfast, mention you also take it before dinner
* **If the Clinician asks for your pharmacy contact information:**
  + Your pharmacy is Brothers Pharmacy on 2nd Street in Oak Hill and their phone number is (555) 689-5348
* **If the Clinician contacts the pharmacy, and you are asked clarifying questions:**
* For your part on how to respond to any questions about these prescriptions, please see **Case #6: Pharmacy Information \*for Patient\*** from your packet.
* **If asked about adherence:**

You take your meds as directed and you very rarely miss doses (but your pill box is missing HCTZ/lisinopril – if asked about this, you would realize this mistake, but you aren’t asked)

If probed further regarding the following, you should deny any problems with cost, copayments, insurance coverage, running out of medications, and deny thoughts of your medications not working.

If asked about side effects, you would admit that you’re having muscle aches since starting Crestor (but you aren’t asked)

**Final Correct Preadmission Medication List**

**Not to be shared with clinician**

**Final Correct list** –You can use this to help guide your responses (refer to outpatient pharmacy records in this packet if asked questions about outpatient pharmacy fills). For all other non-scripted questions – use this list to help guide your answers.

1. **Acetaminophen** 650 mg cap - Take one capsule by mouth four times daily as needed for pain
2. **Canagliflozin (INVOKANA)** 300mg tab - Tab one tablet by mouth daily for diabetes
3. **Fluoxetine** 20mg cap - Take one capsule orally twice daily for anxiety/mood
4. **Glipizide** 5 mg tab -Take one tablet orally twice daily before a meal for diabetes
5. **HCTZ 25mg/Lisinopril 20mg** tab - Take two tablets by mouth every morning for blood pressure
   * **This is not in the pill box - you are not taking it**
6. **Insulin, aspart**, 100units/mL - Inject 20 units subcutaneously before breakfast and supper for diabetes—INJECT WITHIN 10 MINUTES OF MEALS
7. **Insulin, glargine**, 100units/mL - Inject 45 units subcutaneously at bedtime for diabetes
8. **Metoprolol Tartrate** 50mg tab - Take one tablet by mouth twice daily for blood pressure
9. **Omeprazole** 20mg EC cap - Take one capsule by mouth twice a day 30 minutes before breakfast and supper for stomach
10. **Rosuvastatin** 40mg tab - Take one tablet by mouth at night for cholesterol
11. **Trazodone** 100mg tab - Take one tablet by mouth at bedtime if needed for sleep

**Case #6 - Contents of Patient’s Pill Box**

|  |  |
| --- | --- |
| **AM Medications** | **PM Medications** |
| Image result for invokana image **x 1** | Image result for trazodone 100mg **x1** |
| Image result for fluoxetine **x1** | Image result for fluoxetine **x1** |
| **x1** | **x1** |
| Image result for metoprolol tartrate 50mg **x1** | Image result for metoprolol tartrate 50mg **x1** |
| Image result for omeprazole 20 mg **x1** | Image result for omeprazole 20 mg **x1** |
| Image result for tylenol arthritis**x2** | Image result for tylenol arthritis **x2** |
|  | **x1** |

**Case #6 – Outpatient Pharmacy Records**

**\*\*\* For Patient \*\*\***

**The Clinician may contact the pharmacy to confirm your medications. When asked about each medication, you can confirm the information in italics. You don’t remember some strengths without prompting.**

**Today is October 20, 2015.**

1. **Canagliflozin (INVOKANA)** 300mg tab - Take one tablet by mouth daily for diabetes
   1. Last filled for 90 day supply on 10/10/15
   2. *You recognize this as the “new” medication your doctor put you on for diabetes*
2. **Fluoxetine** 20mg cap - Take one capsule orally twice daily for anxiety/mood
   1. Last filled for 90 day supply on 10/10/15
   2. *You ask if this is Prozac, if confirmed, you can state that you take this for your anxiety*
3. **Glipizide** 5 mg tab - Take one tablet orally twice daily before a meal for diabetes
   1. Last filled for 90 day supply on 10/10/15
   2. *You know you take this medication for diabetes*
4. **HCTZ 25/Lisinopril 20mg** tab - Take two tablets by mouth every morning for blood pressure
   1. Last filled for 90 day supply on 10/10/15
   2. *You know this is one of your blood pressure medications*
5. **Insulin, aspart**, 100units/mL - Inject 20 units subcutaneously before breakfast and supper for diabetes—INJECT WITHIN 10 MINUTES OF MEALS
   1. Last filled for 28 day supply on 10/10/15
   2. *You know you take this insulin twice a day (20 units before breakfast and before dinner)*
6. **Insulin, glargine**, 100units/mL - Inject 45 units subcutaneously at bedtime for diabetes
   1. Last filled for 28 day supply on 10/10/15
   2. *You ask if this is Lantus, if confirmed, you can state that you take 45 units before bedtime*
7. **Metoprolol Tartrate** 50mg tab - Take one tablet by mouth twice daily for blood pressure
   1. Last filled for 90 day supply on 10/10/15
   2. *You know you this is one of your blood pressure medications*
8. **Omeprazole** 20mg EC cap - Take one capsule by mouth twice a day 30 minutes before breakfast and supper for stomach
   1. Last filled for 90 day supply on 10/10/15
   2. *You ask if this is Prilosec, if confirmed, you can state that you take this for heart burn*
9. **Rosuvastatin** 40mg tab - Take one tablet by mouth daily for cholesterol
   1. Last filled for 90 day supply on 10/10/15
   2. *You ask if this is Crestor, if confirmed, you can state that you take this for cholesterol*
10. **Trazodone** 100mg tab - Take one tablet by mouth at bedtime if needed for sleep
    1. Last filled for 90 day supply on 10/10/15
    2. *You can confirm this frequency and the fact that you take this to help you sleep sometimes*
    3. *With your back pain, you have been having a harder time sleeping lately. In the last 2 weeks, you have been taking this medication about 5 nights per week. You last took it last night.*

Note: You purchase the acetaminophen over the counter, so it does not appear on the pharmacy’s record.